



ROBUST AGING PROGRAM CLINIC

**RAP CLINIC IS OPEN FOR HYBRID SERVICES
(TENTATIVELY)!**

SELECTED TUESDAYS:
TENTATIVELY
3:30 - 5:00 PM

**JOIN THE TEAM ON TUESDAYS AND WE WILL
ANSWER YOUR HEALTH-RELATED QUESTIONS!**

TOPICS FOR WORKSHOPS/INFORMATIONAL HEALTH
TOPICS DISCUSSIONS: TBA SOON

ROBUST AGING PROGRAM



Mission Statement

To provide resources including assessment and health information to promote robust aging.



RAP Services Include:

- Basic first aid
- Medication counseling and drug-to-drug interaction review
- Blood pressure checks, height, weight, and BMI measurements
- Health assessment, consultation, and education: cardiovascular risk reduction, brain health, bone health
- Referrals to University and community resources
- Vitamin D study participants: healthy lifestyle monitoring
- Faculty Lunch talks on health topics: Gero suitable



The RAP Clinic is run by volunteers: Registered Nurse BSN Candidates, Faculty, and Dr. Sakamoto.
Brought to you as Service by the Nursing Department
EMAIL: NursingRAP@fullerton.edu



**Rose Sakamoto, Dr. Public Health
Adult - Gero NP-BC, CNS
Coordinator**
Public Health: Preventive Care Specialist

